

Store Cupboard

Items in Green are my most essential if I wanted to break this list down further

Herbs	Spices	Oils & Vinegars	Condiments	Freezer	Other
Rosemary	Turmeric	Extra Virgin Oil	Curry Paste	Peas	Garlic
Basil	Chilli Flakes	Rapeseed Oil	Ginger Paste	Mixed Veg	Onions
Oregano	Coriander Leaf	Peanut Oil	Fish Sauce	Fish Fillets	Eggs
Thyme	Coriander Ground	Balsamic Vinegar	Honey	Fish Fingers	Porridge
Parsley	Ginger	Apple Cider Vinegar	Butter		Pasta
	Cumin	Red Wine Vinegar	Peanut Butter		Rice
	Fennel Seeds	White Vinegar	Coconut Milk		Risotto Rice
	Medium Curry Powder	Rice Wine Vinegar	Soy Sauce		Couscous
	Garam Masala		Greek Yoghurt		Spaghetti & Egg Noodles
	Chinese Five Spice		Ballymaloe Relish		Lentils
	Salt & Pepper				Lemons
					Olives
					Nuts
					Flour
					Brown Sugar
					Tinned Tomatoes
					Tinned Pulses
					Ketchup
					Mayo
					Cheeses